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| **RESPONSABLE (Responsable)** | | | | | | | |
|  | | | | | | | |
| **NOMBRE**  Full Name |  | | |  | CED.IDENTIDAD C.I. Or Passport |  | |
| TELEFONOS  Telephone numbers | FIJO (Casa/Trabajo) (Home/Work) | |  |  |  | | |
| MOVIL (Celular) (Mobile) | |  |  | **FECHA DE SALIDA** [DEPARTURE DATES] | | |
| C. ELECTRONICO  Email active |  | | |  |  |  |  |
|  |  | | |  | dd | mm | año |
| Experiencia en Montaña  Mountain Experience | | 🞎 Ninguna 🞎 Básica (1 año) 🞎 Media (+5 años) 🞎 Avanzada (+10 años) | | | | | |
| Conocimientos Primeros Auxilios  Knowledge First Aid | | 🞎 Ninguno 🞎 Básico 🞎 WAFA (40 Hrs) 🞎 WFR (80 Hrs) | | | | | |
| Formaciones u estudios  Training or studies | | 🞎 Ninguna 🞎 Básica 🞎 Certificaciones 🞎 Guía certificado 🞎 Instructor Profesional | | | | | |
| 🞎 Otra:…………………………………………. | | | | | |

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| **ACTIVIDAD (ACTIVITY)** | | | | | | | | | | | |
| **MONTAÑA O SECTOR**  Mountain or Sector | |  | | | | | | | | | |
| **TIPO DE ACTIVIDAD** [TYPE OF ACTIVITY] | | | | | | | | | | |  |
| 🞎 | 🞎 | | | | 🞎 | | 🞎 | | 🞎 | |  |
| EXCURSIONISMO  TREKKING | MONTAÑISMO  MOUNTAING | | | | ALTA MONTAÑA  HIGH MOUNTAIN | | ESCALADA ROCA/HIELO  ROCK/ICE CLIMBING | | ESQUI  SKI | |  |
| **FECHAS DE SALIDA** [DEPARTURE DATES] | | | | | | | | | | |  |
| **FECHA INICIO**  START DATE | | |  |  |  | **FECHA RETORNO**  END DATE | |  |  |  |  |
|  | | | dd | mm | año |  | | dd | mm | año |  |

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| **EQUIPAMIENTO [EQUIPMENT]** | | | |
| **CANT** Qt | **EQUIPO** EQUIPMENT | **CANT** Qt | **EQUIPO** EQUIPMENT |
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| **ITINERARIO (JORNADAS)**  **ITINERARY (CONFERENCES)** | | | | | |
| **Ruta Seleccionada**  Selected Route | |  | | | |
| **Link de Ruta**  Route Link | |  | | | |
|  |  |  |  | |  |
| **N° Día**  Day | **Fecha**  Date | **RUTA / ACTIVIDAD**  ROUTE / ACTIVITY | **Horarios Aprox**  Approximate hours | | **ALTITUD**  **(msnm)**  ALTITUD |
| **Desde**  From | **Hasta**  Until |
| 1 |  |  |  |  |  |
| 2 |  |  |  |  |  |
| 3 |  |  |  |  |  |

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| **INTEGRANTES [MEMBERS]** | | | | |
| **N°**  (Qt) | **NOMBRE COMPLETO**  Full Name | **CED. IDENTIDAD**  C.I. Or Passport | **EN CASO DE EMERGENCIA**  IN CASE OF EMERGENCY | |
| **NOMBRE**  Full Name | **TELEFONO**  Telephone |
| 1 |  |  |  |  |
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| **TRANSPORTE [TRANSPORT]** | | | | | |
| **N°**  Qt | **CONDUCTOR**  Driver | **TIPO VEHICULO**  GUY VEHICLE | **MARCA MODELO**  Make / Model | **PATENTE**  Patent | **COLOR**  Color |
| 1 |  | 🞎 Auto 🞎 Jeep 🞎 4x4 |  |  |  |
| 2 |  | 🞎 Auto 🞎 Jeep 🞎 4x4 |  |  |  |
| 3 |  | 🞎 Auto 🞎 Jeep 🞎 4x4 |  |  |  |

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| **RIESGOS PRINCIPALES [MAIN RISKS]** | | | |
| **RIESGO**  Driver | **ZONA / WAYPOINT**  Zone / WayPoint | **ACCIÓN**  Action | **COMENTARIOS**  Comments |
| Ej: Mal de altura | Toda la ruta | Hidratación, tomar medicación, descender |  |
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| **DATOS MEDICOS IMPORTANTES** **[IMPORTANT MEDICAL INFORMATION]** | | | |
| **NOMBRE**  FULL NAME | **ENFERMEDADES, ALERGIAS Y OPERACIONES**  DISEASES, ALLERGIES AND OPERATIONS | **MEDICAMENTOS HABITUALES**  USUAL MEDICINES | **RIESGO**  **COMENTARIOS**  RISK / COMMENTS |
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| **METEOROLOGIA PARA LA ACTIVIDAD [WEATHER FOR THE ACTIVITY]** |
| Se recomienda realizar las consultas y/o seguimientos al menos **3 a 7 días antes** de iniciar la actividad.  It is recommended to carry out consultations and/or follow-ups at least **3 to 7 days before** starting the activity |
| Las aplicaciones o portales de uso frecuente para consultar la meteorología son:  Frequently used applications or portals to consult the weather are: [AccuWeather](https://www.accuweather.com/), [Windy](https://www.windy.com/), [Mountain Forecast](https://www.mountain-forecast.com/), [MeteoBlue](https://www.meteoblue.com/), [Yr](http://www.yr.no/) |
| Copiar y pegar estado meteorológico de las fechas de la actividad:  Copy and paste weather status of the dates of the activity |

EJEMPLO EXAMPLE



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| **OBSERVACIONES RELEVANTES [RELEVANT OBSERVATIONS]** |
| Detalle aspectos relevantes de la salida, tal como: Equipo, vestimenta, GPS, Frecuencia de radio, Mapas Cartográfico, Botiquín, Etc. Detail relevant aspects of the output, such as: Equipment, clothing, GPS, Radio frequency, Cartographic Maps, First-aid kit, Etc.. |
|  |
| Ej: Especificar frecuencia radial |
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| **CUERPOS DE BUSQUEDA Y RESCATE OFICIALES [OFFICIAL SEARCH AND RESCUE CORPS]** | |
| **Cuerpo Socorro Andino - CSA**  Teléfonos: 136  Página Web: <https://socorroandinochile.cl> | **Carabineros de Chile - GOPE**  Grupo Operaciones Especiales (Montaña)  Teléfono: 133 |